How to: Sanitise Hands



Duration of the entire procedure: 40-60 seconds.





Use alcohol dispenser.



Cover hands fully.



Rub tips of fingers in opposite palm in a circular motion.



Rub palm to palm.



Right palm to back of left hand with interlaced fingers.



Palm to palm with fingers interlaced



Rub tips of fingers in opposite palm in a circular motion.



Rub each thumb clasped in opposite hand using rotational movement.



Allow hands to air dry.



